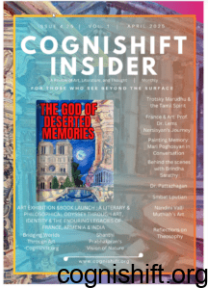


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✨ A Brief Reflection on Theosophy

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The word *Theosophy* originates from ancient Alexandrian philosophers known as **Philaetheians**, meaning “lovers of truth.” Among them, **Ammonius Saccas**, in the 3rd century CE, spoke of *Theosophia* as **Divine Wisdom**—not tied to any one religion, but rather a universal source of spiritual knowledge that transcends boundaries.

Theosophy, as understood today, is not a religion but a **living philosophy** that points to the **essential unity of all life**, emphasizing values rooted in timeless principles and inner self-transformation. It encourages the seeker to realise the Self as a **spark of the divine**, to explore the **oneness of existence**, and to cultivate ethical living through **study, meditation, and service**.

It was with this spirit that the **Theosophical Society** was founded in 1875, with the aim to foster universal brotherhood and deeper understanding among all people. According to the author, Theosophy is best approached not as abstract doctrine but as a guide for **daily life and conscious evolution**.

Among the many values upheld in Theosophical thought are:

- The fundamental unity of all existence
- The inner divinity of all beings
- The law of karma and self-responsibility
- Altruism and selfless service
- Freedom of thought and spiritual enquiry

These principles, the author believes, offer a **light on the path** for any sincere seeker of truth.

📌 Author's Note

Shikhar Agnihotri holds a Bachelor of Nautical Science from Mumbai University and served in the Merchant Navy before dedicating his life to spiritual pursuit. He has been a national lecturer with the Theosophical Society since 2016 and an international speaker since 2019. He actively teaches and writes on Theosophical subjects and holistic health across India and abroad.

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